

KORA Organics Blog Article

Crystal wands work magic in stone facial techniques.

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Heated and chilled stones are being recognised as fantastic tools for facial massages and beauty treatments. The significance of using stones in body massage has become well known. A well performed stone massage is a delight to experience.

These techniques have slowly been adapted by dedicated therapists for the delicate, but responsive face, head, and neck area.

Warmed stones relax the skin and muscles of the face, the gentle heat and pressure working well with quality skincare products, such as KORA Organics. When combined with chilled stones, the result is achieving what it has set out to do, namely relax, remove congestion, tone skin and muscles and improve circulation.

Crystals add another dimension to this treatment. Either as heated or chilled stones, their contribution is wonderful.

Imagine the soothing feel of a smooth wand of rose quartz, delicately massaging your face. Its cooling, toning presence drawing stress away.

Amethyst, black onyx and red jasper also have feel equally delicious.

A mystical piece of warmed sodalite deftly scoops the tension and worry from your shoulders. The Rose Hip oil aiding such release and restoring balance to body and mind.

Crystals, such a beautiful object to hold and to use, are so complementary to a therapists' skill. If you get a chance, try a crystal or stone facial soon.



Brett Smith,
Owner of Port Douglas Natural Therapies Centre and Spa and proud stockist of
Kora Organics by Miranda Kerr is also the craftsman of Stone Eagle Handcrafted
Massage Stones.

www.sstone-eagle.com and www.pdpsa.com.au